

Heels On Fire - Mini Meet Two - 2022-09-14**Diefenbaker Park****Results****Girls 3k Run CC Intermediate**

Name	School	Finals
Results - Women		
1	McCartney, Maria	Walter Murra 12:00.30
2	Woods, Naysa	Centennial 12:00.90
3	Dykstra, Sabrina	Tommy Dougla 12:23.10
4	Kruger, Rhiannon	Marion Graha 12:40.50
5	Cey, Maddy	St Joseph 12:59.80
6	Huber, Claire	Tommy Dougla 13:02.50
7	Lepp, Kiera	St Joseph 13:02.90
8	Stack-Michasiw, Lydia	Walter Murra 13:03.10
9	Scammell, Avery	Walter Murra 13:12.10
10	Timm, Ava	Walter Murra 13:12.30
11	Baudais, Bailey	St Joseph 13:13.30
12	Hickey, Abby	Holy Cross 13:40.50
13	Murza, Aybria	St Joseph 13:56.50
14	Drewlo, Emerson	Marion Graha 14:01.10
15	McKague, Stella	Walter Murra 14:01.90
16	Wiker, Addie	Bishop J Mah 14:42.80
17	Niven, Megan	Centennial 15:04.90
18	Lozinsky, Alexa	St Joseph 15:11.50
19	Malin, Sarah	Centennial 15:25.50
20	Cross, Alexis	Centennial 15:26.20
21	Longo, Leah	Centennial 15:51.30
22	Amoakowaa, Shade	Walter Murra 16:01.50
23	Chow, Lily	Evan Hardy 16:17.40
24	Miller, Sage	Centennial 17:05.60
25	Norval, Emma	Holy Cross 17:52.10
26	Breher, Addie	Bedford Road 18:04.80
27	Seyoum, Hannah	Holy Cross 18:59.10
28	Arop, Achuil	Bethlehem 19:45.60
29	Jain, Jigisha	Aden Bowman 19:58.10
30	Campbell, Jorja	Marion Graha 20:25.80
31	Suresh Kumar, Samyuktha	Aden Bowman 20:32.20
32	Palmer, Emila	Bethlehem 20:33.40

Girls 4k Run CC Junior Girls

Name	School	Finals
Results - Women		
1	Shelton, Kyra	Aden Bowman 17:22.20
2	Nemeth, Eszter	Walter Murra 17:23.80
3	Helgason, Kaitlyn	Walter Murra 17:59.00
4	Smith, Lauren	Walter Murra 18:14.50
5	Siebert, Julia	Bishop J Mah 18:16.40
6	Davies, Megan	Holy Cross 19:35.20
7	Mundell, Ava	Walter Murra 19:56.20
8	Shevyakova, Maria	Bishop J Mah 22:41.80
9	Maier, Amelia	Centennial 22:42.60
10	Kulbida, Nevaeh	Bishop J Mah 22:47.80
11	Taylor, Linaya	Walter Murra 23:41.80
12	Jobb, Kira	Walter Murra 25:01.50
13	Peacock, Shelby	Tommy Dougla 28:37.80
14	Algabre, Audrey	Bethlehem 29:13.60
15	Ferrer, Ellaine	Bethlehem 29:13.90

Girls 4k Run CC Senior Girls

Name	School	Finals
Results - Women		
1	Beveridge-Warick, Annie	Aden Bowman 15:37.10
2	Maloney, Attleigh	Centennial 15:50.00
3	Yuzdepski, Annika	Walter Murra 17:00.90
4	Fuentealba, Elena	St Joseph 17:06.80
5	Crump, Josie	St Joseph 17:23.50
6	Morog, Zuzana	Walter Murra 17:24.40
7	Hilderman, Caley	Marion Graha 17:43.00
8	Hanson, Sophie	Holy Cross 18:04.60
9	Lu, Mellissa	Walter Murra 18:08.20
10	Prokop, Charli	St Joseph 18:08.60
11	Hahn, Rachel	Bedford Road 19:00.50
12	Rittinger, Nora	Aden Bowman 19:02.80
13	Wilson, Olivia	St Joseph 19:12.20
14	Halabura, Payton	Holy Cross 19:25.80
15	Ojo, Daniella	St Joseph 19:56.30
16	Guenther, Micah	Bishop J Mah 20:08.60
17	Leschyshyn, Clara	St Joseph 20:30.90
18	Strawson, Cecilia	Centennial 21:22.10
19	Han, Sophia(ShuYan)	Walter Murra 22:33.70
20	Norval, Nicola	Holy Cross 24:05.20
21	Clarke, Sadie	Holy Cross 24:56.90
22	Cayabyab, Katelyn	Holy Cross 28:06.00
23	Setre, Felicity	Walter Murra 28:29.50
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Heels On Fire - Mini Meet Two - 2022-09-14**Diefenbaker Park****Results****Boys 3k Run CC Intermediate**

Name	School	Finals
Results - Men		
1 Dodge, Preston	St Joseph	10:34.10
2 Mitchell, Deklen	Marion Graha	10:50.90
3 Friesen, Drake	Tommy Dougla	11:10.90
4 Whittet, Arnold	Evan Hardy	11:11.80
5 Beauchamp, Jarrett	Aden Bowman	11:14.10
6 Adam, Nebil	Tommy Dougla	11:46.50
7 Crane, Caeleb	Holy Cross	11:49.20
8 Crane, Sequoyah	ED Feehan	11:49.40
9 Waldschmidt, Caleb	Walter Murra	12:09.80
10 Slauenwhite, Cohen	Walter Murra	12:20.30
11 Perez, Joaquin	Legacy Chris	12:28.80
12 Thomas, Alex	Bethlehem	12:34.90
13 Walker, Henry	Walter Murra	12:43.00
14 Cross Child, Jarrett	Bishop J Mah	12:49.80
15 Gutenberg, Seth	Holy Cross	12:58.60
16 Dobson, Noah	Centennial	13:02.00
17 Hawman, Nohlan	Centennial	13:39.90
18 Rego, Leandro	Legacy Chris	13:40.90
19 Yusuf, Benjamin	Bethlehem	13:53.60
20 Young, Nialan	Walter Murra	13:59.90
21 Vogelsang, Graydon	Marion Graha	14:13.20
22 Anderson, Oliver	Centennial	14:52.50
23 Hitchings, Declan	Evan Hardy	15:36.50
24 Skukin, Mikiel	Ecole Can Fr	15:51.20
25 Stockdale, Tyler	Tommy Dougla	17:26.10

Boys 4k Run CC Junior Boys

Name	School	Finals
Results - Men		
1 Daba, Yerosen	Holy Cross	13:31.10
2 Friesen, Bennett	Walter Murra	14:42.30
3 Irwin, Niklos	Bishop J Mah	15:09.90
4 Farthing, Graham	Evan Hardy	15:10.10
5 Trejo-Monroy, Mateo	Aden Bowman	15:10.50
6 Vaz, Bentley	Walter Murra	15:43.10
7 Amundson, Severin	Walter Murra	15:45.90
8 McCumber, Bennett	Walter Murra	15:47.80
9 Stewart, Gavin	Centennial	15:52.30
10 Nightingale, Luke	Bishop J Mah	15:54.70
11 Wiens, Caleb	Marion Graha	16:30.20
12 Horbach, Teegan	Holy Cross	17:33.10
13 Abdalla, Fares	Centennial	17:33.40
14 Prange, Liam	Walter Murra	18:16.00
15 Frank, Boden	Holy Cross	18:19.20
16 Mead-Ramayya, Owen	Walter Murra	18:26.20
17 Young, Isen	Walter Murra	18:59.80
18 Deutscher, Kale	Tommy Dougla	19:39.10
19 Topacio, Jann	Legacy Chris	20:05.20
20 Gill, Armar	Bedford Road	20:24.30
21 Trew, Javier	Centennial	20:41.10

Boys 5k Run CC Senior Boys

Name	School	Finals
Results - Men		
1 Zoumar, Rayane	Walter Murra	16:52.10
2 Cross Child, Jayvin	Bishop J Mah	17:04.00
3 Bosman, Nathaniel	Aden Bowman	17:04.70
4 Beazley, Dylan	Walter Murra	17:30.20
5 Young, Matthew	Evan Hardy	17:49.70
6 Nghiem, Andrew	Evan Hardy	17:59.20
7 Andrew, Sam	Holy Cross	18:08.70
8 Luoma, Mason	Centennial	18:50.80
9 Sauder, Kish	St Joseph	19:11.50
10 Clunie, Nigel	Holy Cross	19:28.60
11 Thibault, Tre	Legacy Chris	19:29.60
12 Anstey, Mathew	St Joseph	19:30.90
13 Holzman, Jack	Holy Cross	19:55.60
14 Granger, Nathan	Holy Cross	20:18.40
15 Zhao, Elijah	Walter Murra	20:36.50
16 Ish, Owen	Aden Bowman	20:40.30
17 Lundsten, Jake	Aden Bowman	21:32.00
18 Zemluk, Ryan	ED Feehan	21:58.00
19 Misan, Ihor	Bethlehem	22:55.50
20 Liu, Kevin	Walter Murra	23:04.30
21 Brophy, Nicholas	Walter Murra	23:06.50
22 Lalach, Roman	St Joseph	24:35.30
23 Ross, William	Tommy Dougla	24:45.00
24 Boese, Jessie	Holy Cross	25:30.60
25 Palmer, Emmanuel	Bethlehem	25:41.60
26 Li, Eason	Walter Murra	26:42.70