

PR Athletics First Chance Meet
December 3, 2022 – Starts at 3:00pm

Tykes Program practices will be held Saturday, Nov 19th & 26th, with time choices of 3:25 to 4:10 or 4:15 to 5:00. Select “*Triathlon with Practices*” when registering to be a part of this program. Use the code “*TYKE*” for membership code. Limit of 25 per session (3 groups per session).

Events (2022 Age Categories)

Tykes (2013 and younger):	Triathlon (50, LJ (Floating Board), 60H*) (*foam hurdles)
U12 (2011 and younger):	60, 200, 800, 60H (*24")
U14 (2009/2010):	60, 200, 800, 60H
U16 (2007/2008)	60, 200, 800, 60H
U18 (2005/2006)	60H
U20 (2003/2004)	60H
Open (2006 and older):	60, 200, 800, 60H, LJ, HJ (starting: women 1.30m/men 1.60m) PV (Group One 2.40m/ Group Two 3.20m)
Wheelchair:	60, 200, 400, 800

Tentative Schedule of events (A defined schedule will be published November 28th)

Track	
3:30	U12, U14 60m
	Tykes Tri 50m
	U12, U14 800m
	U12, U14 200m
	Tykes, U12, U14 60H
5:00	U16, U18, U20, Open 60H
	Open, Wheelchair 200m
	Open, Wheelchair 800m
	Open, Wheelchair 60m
	Wheelchair 400m

Field	
3:00 pm	Tykes Tri LJ
4:30	Open Men’s HJ
4:30	Open Women’s LJ
3:30	All Open PV
6:00	Open Women’s HJ
6:00	Open Men’s LJ

Registration & Entry Fees

Entry Fees:

Individual: \$30.00/ first event, \$30/ second event, \$25/ third event, \$25/ fourth event, etc
 (Exception: U12 events are \$30/first, \$20/second, \$10/third, etc)

Triathlon: \$50.00 for meet only
 \$75.00 with Nov 19 & 26 practices (choice of 3:25 to 4:10 or 4:15 to 5:00)

All entries are to be completed on TrackieReg.com/2022prfirst

Entry Deadline is Midnight of November 26, 2022. All entries received after this date will be charged a late entry fee of \$60.00 per event until November 29th at 5:00pm. After the November 29th at 5:00pm, extra late entry fees of \$100.00 per event will be charged.

Pick up competitor numbers on the infield. Information is available at: <http://www.prathletics.com>

Warm-up

When you are warming up, please be aware of your surroundings as there are other athletes also warming up. By entering the track area, you are assuming the risks and responsibilities of being in the area.

Admission

No admission will be collected.

Awards

No awards are presented at this meet. All Tykes (only) will receive a medal.

Membership

All participants must be members of Saskatchewan Athletics, or their provincial branch of Athletics Canada, to compete in this meet, or a day pass from Saskatchewan Athletics. Contact Laura Young, Administrative Assistant of Saskatchewan Athletics, at (306) 664-6744 for more information.