



Day 1 – Friday February 21st, 2020

2:00pm – Men's Weight Throw
2:00pm – Men's Long Jump
2:10pm – Pentathlon 60m Hurdles
2:20pm – Women's 60m Hurdles Heats)
2:35pm – Men's 60m Hurdles Heats
2:50pm – Heptathlon 60m
3:05pm – Pentathlon High Jump
3:10pm – Women's 1000m Timed Finals
3:25pm – Men's 1000m Timed Finals
3:40pm – Women's 300m Heats
3:50pm – Men's 300m Heats
4:00pm – Heptathlon Long Jump
4:15pm – Pentathlon Shot Put
4:10pm – Women's 3000m Timed Finals
4:50pm – Men's 3000m Timed Finals
5:10pm – Heptathlon Shot Put
5:15pm – Pentathlon Long Jump
6:15pm – Women's Long Jump Flight 1
6:35pm – Women's Pole Vault Final
6:40pm – Heptathlon High Jump
6:50pm – Women's Shot Put Final
6:50pm – Women's 60m Hurdles Final
7:00pm – Men's 60m Hurdles Final
7:20pm – Women's Long Jump Flight 2
7:15pm – Women's 300m Timed Finals
7:25pm – Men's 300m Timed Finals
7:35pm – Pentathlon 800m Final
7:45pm – Women's 4x800m Final
8:00pm – Men's 4x800m Final

Saturday – February 22nd, 2020

11:00am – Heptathlon 60m Hurdles
11:30am – Women's Weight Throw Final
11:45am – Heptathlon Pole Vault
12:00pm – Men's Triple Jump Final
12:00pm – Women's High Jump Final
12:30pm – Women's 60m Heats
12:50pm – Men's 60m Heats
1:10pm – Women's 600m Timed Finals
1:25pm – Men's 600m Timed Finals
1:50pm – Women's 60m Final
2:00pm – Men's 60m Final
2:00pm – Men's Shot Put Final
2:00pm – Men's High Jump Final
2:00pm – Women's Triple Jump Final
2:10pm – Heptathlon 1000m
2:15pm – Men's Pole Vault
2:45pm – Women's 4x200m Final
2:55pm – Men's 4x200m Timed Finals
3:05pm – Women's 1500m Timed Finals
3:20pm – Men's 1500m Timed Finals
3:50pm – Women's 4x400m Timed Finals
4:05pm – Men's 4x400m Timed Finals